



# THE SURE WORD

## Lesson 24: A REST FOR THE PEOPLE OF GOD

Name:

Date:

**1. How does the Bible describe the first day? Genesis 1:5.**

“And God called the light Day, and the darkness He called Night. And the evening and the morning were the first day.”

**2. How does the Bible describe the second day? Genesis 1:8.**

“And God called the firmament Heaven. And the evening and the morning were the second day.”

*A Biblical day consists of “the evening and the morning.”*

**3. When does the Sabbath begin and end? Leviticus 23:32.**

“It shall be unto you a sabbath of rest, and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath.”

**4. What does the term “evening” mean? Mark 1:32.**

“And at even, when the sun did set, they brought unto Him all that were diseased, and them that were possessed with devils.”

**5. At what time of day were the gates of Jerusalem shut for the Sabbath? Nehemiah 13:19.**

“And it came to pass, that when the gates of Jerusalem began to be dark before the sabbath, I commanded that the gates should be shut, and charged that they should not be opened till after the sabbath: and some of my servants set I at the gates, that there should no burden be brought in on the sabbath day.”

**6. What can we do on the Sabbath without breaking God’s law? Matthew 12:12.**

“How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days.”



**7. God tells me that I am to turn away from doing what on His holy day? Isaiah 58:13.**

“If thou turn away thy foot from the sabbath, from doing thy pleasure on My holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour Him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:”

**8. The Sabbath is called what three things? Isaiah 58:13.**

“If thou turn away thy foot from the sabbath, from doing thy pleasure on My holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour Him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:”

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

## Lesson 24 Work Sheet

**9. I shall honor Him not doing what three things on that day? Isaiah 58:13.** "If thou turn away thy foot from the sabbath, from doing thy pleasure on My holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour Him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:"

- a. \_\_\_\_\_  
b. \_\_\_\_\_  
c. \_\_\_\_\_

**10. Then what promise is given? Isaiah 58:14.** "Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it."

**11. What are the first six days of the week called? Ezekiel 46:1.** "Thus saith the Lord GOD; The gate of the inner court that looketh toward the east shall be shut the six working days; but on the sabbath it shall be opened, and in the day of the new moon it shall be opened."

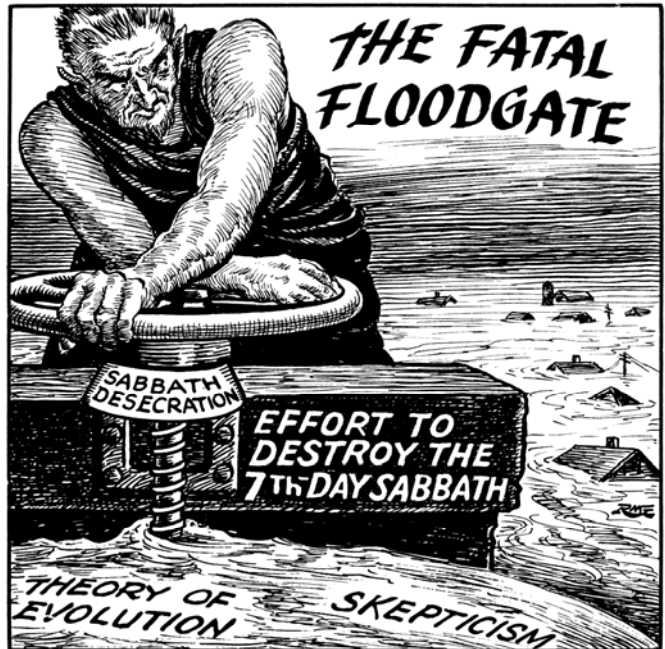
**12. What are we not to do on the Sabbath? Exodus 20:10.** "But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:"

*The rest of the verse indicates that we are not to employ others to do secular work for us on the Sabbath either.*

**13. What about in harvest time or in other times when there is much urgent work to be done? Exodus 34:21.** "Six days thou shalt work, but on the seventh day thou shalt rest: in earing time and in harvest thou shalt rest."

**14. What instructions illustrate how certain household details are not to be taken care of during the Sabbath hours? Exodus 35:3.** "Ye shall kindle no fire throughout your habitations upon the sabbath day."

**15. What is Friday called which indicates that all cooking and cleaning for the Sabbath is to be done the day before? Luke 23:54; Mark 15:42.**  
Luke 23:54 "And that day was the preparation, and the sabbath drew on."  
Mark 15:42 "And now when the even was come, because it was the preparation, that is, the day before the sabbath,"



**16. What did Nehemiah say to those who bought food and wares from merchants on the Sabbath? Nehemiah 13:16, 17.** 16 There dwelt men of Tyre also therein, which brought fish, and all manner of ware, and sold on the sabbath unto the children of Judah, and in Jerusalem. 17 Then I contended with the nobles of Judah, and said unto them, What evil thing is this that ye do, and profane the sabbath day?

**17. What are we not to forsake? Hebrews 10:25.** "Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching."

**18. The Sabbath of rest is for an holy what? Leviticus 23:3.** "Six days shall work be done: but the seventh day is the sabbath of rest, an holy convocation; ye shall do no work therein: it is the sabbath of the LORD in all your dwellings."

*The Hebrew word used here means, "A public meeting...assembly, calling, reading." Strong's Concordance*

**19. What promise is given to those who gather in Christ's name? Matthew 18:20.** "For where two or three are gathered together in My name, there am I in the midst of them."

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**20. Jesus made the ruler of the synagogue angry because He did what on the Sabbath? Luke 13:14.** “And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day.”

**21. In reply, Jesus declared that those whom Satan has bound may be what on the Sabbath? Luke 13:16.** “And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?”

*In following our Lord's example, we may find many ways on the Sabbath day to loose others from Satan's bonds, bringing encouragement to the lonely, and hope to those in need of comfort and cheer. Some suggestions may be found in Matthew 25:35-40.*

*35 For I was an hungred, and ye gave Me meat: I was thirsty, and ye gave Me drink: I was a stranger, and ye took Me in: 36 Naked, and ye clothed Me: I was sick, and ye visited Me: I was in prison, and ye came unto Me. 37 Then shall the righteous answer Him, saying, Lord, when saw we Thee an hungred, and fed Thee? or thirsty, and gave Thee drink? 38 When saw we Thee a stranger, and took Thee in? or naked, and clothed Thee? 39 Or when saw we Thee sick, or in prison, and came unto Thee? 40 And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me.*

**22. The Sabbath is to remind us of what? Genesis 2:1, 2.** 1 “Thus the heavens and the earth were finished, and all the host of them. 2 And on the seventh day God ended His work which he had made; and He rested on the seventh day from all His work which He had made.”

*Through nature, we may be brought closer to our Creator on the Sabbath day. As a weekly memorial of God's perfect creation, the Sabbath hours may be appropriately spent in nature contemplating His handiwork, as well as in communion with Him through Bible study and prayer.*

**23. What has the Lord said about those who can't wait for the Sabbath to be over? Amos 8:5, 7.** 5 “Saying, When will the new moon be gone, that we may sell corn? and the sabbath, that we may set forth wheat, making the ephah small, and the shekel great, and falsifying the balances by deceit?” 7 “The LORD hath sworn by the excellency of Jacob, Surely I will never forget any of their works.”

**24. How are we to feel about the Lord's day? Psalm 118:24.** “This is the day which the LORD hath made; we will rejoice and be glad in it.”

**25. God's blessing is upon those who do what? Isaiah 56:2.** “Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the sabbath from polluting it, and keepeth his hand from doing any evil.”

**26. In the earth made new, how often will all flesh come to worship before the Lord? Isaiah 66:22, 23.** 22 “For as the new heavens and the new earth, which I will make, shall remain before Me, saith the LORD, so shall your seed and your name remain. 23 And it shall come to pass, that from one new moon to another, and from one sabbath to another, shall all flesh come to worship before Me, saith the LORD.”

*This indicates that all the redeemed host will gather both monthly and on the weekly Sabbath to worship before Him.*

### Considering God's Sure Word...

Do you understand that the Sabbath is a complete day of holy time which is not to be used for secular purposes?

Do you choose to keep the Sabbath as God has outlined, and desire to receive the blessing He has promised to those who do?

The young man struggled fiercely with his captors. He was not about to give up easily. Then it happened! A knifelike pain seared the skin on his forehead as they over-powered him, held him down and applied the hot iron to his tender flesh. He screamed and struggled again, but it was no use. He was helpless in their vice-like grip.

The smell of burning flesh filled the air as they continued their terrible work. Then it was over. The boy was free. He ran for water to cool the ugly red burns on his forehead. The cool water brought a little relief to the stinging throbbing pain, but nothing eased the pangs in his heart. He looked in the mirror. The letters "ST" glared back at him. How could he face life mutilated like this? People would stare, wonder, question, taunt. The only answer to their merciless questions would be, "'ST' means stealer. They caught me stealing and my punishment was to be branded so that everyone would know I'm a thief"

Hopelessness settled over him like a fog. There seemed to be no way out. Forgiveness such as God offers seemed to be beyond his reach. He was forever doomed, forever marked. The burns healed, the skin no longer hurt, but each time someone looked at the scars, he felt the stares and burned with shame.

There seemed to be no balm, no ointment to ever heal the pain in his heart. As time passed however, he found the "Balm of Gilead". He found the comfort, the solace the strength that comes to the one who seeks help and forgiveness from Jesus. As his repentance for his past life of sin deepened, his resolve to live a noble, honest upright life increased. He didn't see how it would be possible to do much for God with the shameful brand on his forehead but he determined to make the best he could of a bad situation.

As he spent time learning of the lovely Savior, his life came to reflect the One he loved. Kind words, thoughtful acts, loving deeds became natural to him. While still shunned as a condemned criminal, the people in the community got used to seeing the branded forehead. Everyone knew what the "ST" stood for so the curious questions died down.

As the years went by little by little his quiet unassuming life full of gentleness and honesty broke down the prejudices of the people. They became used to seeing him in church, and the little children learned to love him before they ever learned the ABCs. They grew up knowing him as a loving friend they felt safe with, and the brand on his forehead just seemed to be a natural part



## Branded for Life!

of him.

Eventually, the story behind the mark on his forehead was almost forgotten. One day a little fellow stood looking at his big kind friend. He was just learning to read and was trying to read everything he saw. "S-T" his lips moved and his forehead knotted as he tried to figure out the letters on the mans forehead. "S-T". Tugging at his young mother's hand he again tried to sound out the letters. "Mother, what does that say on his head?" he asked. "Well, it just says 'S-

T"...his mother replied, "It doesn't spell a word."

"But why Mommy?" he asked innocently, "Why does he have those letters on him?"

Mother was silent for a moment. "I'm not sure son," she replied, "Those letters have a meaning but I've forgotten what it is. The only thing I can think of is that they must mean 'saint'." Satisfied with that explanation the young boy went back to his play.

What a flood of joy those words must have brought to that then elderly man's heart. Men had placed a mark of condemnation on the outside, but God had made a mark that was more important. God had made a mark on the delicate, tissue of the mind just inside that forehead. God had made a mark on his character. He had written something in his heart. God's hidden mark could be seen and interpreted by man in spite of the visible mark man had placed on him.

Friends, I believe that the mark that will be received in the last days, whether the mark of the beast, or the seal of the living God, will be more than skin deep. Something more is involved here than externals.

All will be marked. Even humans will be able to discern the difference between those who have the mark of the beast and those who do not. But they may not realize what the difference is. All they will see is that these people that God has marked as His are different and they don't like the difference. They will try to force them to worship as they do, not knowing that it is the beast they are worshipping.

May God bless you as you seek to walk humbly with your God seeking to learn His will, His ways, His laws, and His character so that He may mark you as His friend for eternity.